

We want you At the Dutch open!

Date: 6 and 7 November

Competition start at 6 Nov 10:00

POWERLIFT TEAM



DUTCH BULLS

Full Meet
Bench only

Squat only
Deadlift only

Competition cost:

€25,-

Place to sleep:

Hotel van der Valk
Het Hooiveld 9
8302 AE Emmeloord

Place to be:

Nop Basic Gym
Bouwerskamp 3
8301 AE Emmeloord