

Deutsche Rekorde Männer Bankdrücken (Singleply)

Altersklasse bis 19 Jahre:

Gewichtsklasse	Rekord	Name	Datum
-52kg			
-56kg	70,0 kg	Hofmann, Tobias	
-60kg	100,0 kg	Schmidt, Gary	WM 2012
-67,5kg	105,0 kg	Erdmann, Sergej	
-75kg	140,0 kg	Erdmann, Sergej	
-82,5kg	150,0 kg	Johann Leopold	EM 2008
-90kg	155,0kg	Dittrich,Christian	DM 2009
-100kg	205,0 kg	Benkert, Martin	
-110kg	185,0 kg	Stang, Dominik	
-125kg	175,0kg	Brandmayer,M	WM 2010
-140kg			
+140kg	65,0 kg	Semmann, Steffen	

Altersklasse 20 - 23 Jahre:

-56kg			
-60kg			
-67,5kg	145,0kg	Wolf,Manual	WM 2010
-75kg	155,0kg	Lisenko,S	WM 2010
-82,5kg	167,5 kg	Töpler, Michael	
-90kg	190,0 kg	Waldemar, Sager	
-100kg	220,0 kg	Benkert, Martin	
-110kg	220,0 kg	Bauer, Dietrich	WM 2003
-125kg	180,0kg	Brandmayer,M	EM 2011
-140kg	132,5kg	Hüsken Maik	DM2013
+140kg			

Altersklasse 24 - 39 Jahre:

-52kg	100,0 kg	Huppke, Gunnar	
-56kg			
-60kg	120,0 kg	Huppke, Gunnar	
-67,5kg	160,0 kg	Gijspertsen, Lucas	
-75kg	230,5 kg	Schick, Markus	
-82,5kg	220,0kg	Kraft,Paul	DM 2010
-90kg	225,0 kg	Kaufmann Daniel	DM 2013
-100kg	260,0 kg	Schmutzler, Uwe	EM 2012
-110kg	257,5 kg	Garten, Michael	
-125kg	285,0 kg	Winkelmann, Herbert	
-140kg	270,0 kg	Volkman, Danilo	

+140kg	170,0 kg	Bartusch, Jörg	
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Altersklasse 40 - 44 Jahre:

-52kg	75,0kg	Knetsch,Markus	DM 2009
-56kg			
-60kg			
-67,5kg	90,0 kg	Meryem, Salih	
-75kg	152,5kg	Schumann,Dirk	DM 2009
-82,5kg	207,5kg	Kraft, Paul	DM 2015
-90kg	195,0 kg	Martin, Christoph	
-100kg	232,5kg	Müller Andreas	DM 2013
-110kg	250,0 kg	Hochstetter, Juri	
-125kg	222,5 kg	Fritsche, Uwe	
-140kg	200,0 kg	Fritsche, Andreas	
+140kg	215,0 kg	Fritsche, Andreas	

Altersklasse 45 - 49 Jahre:

-52kg	80,0kg	Knetsch, Markus	DM 2010
-56kg			
-60kg			
-67,5kg	140,0 kg	Sieg, Uwe	
-75kg	147,5 kg	Schumann, Dirk	WM 2017
-82,5kg	200 kg	Kraft, Paul	DM 2019
-90kg	200,0 kg	Winklareth, Michael	
-100kg	220,0 kg	Riede, Fred	
-110kg	232,5 kg	Freiberg, Waldemar	DM 2015
-125kg	215kg	Funkner, Wladimir	DM 2019
-140kg	225,0 kg	Holleitner, Gerhard	
+140kg			

Altersklasse 50 - 54 Jahre:

-52kg			
-56kg			
-60kg			
-67,5kg	105,0kg	Meryem, Salih	DM 2013
-75kg	110,0kg	Gossow, Uwe	DM 2009
-82,5kg			
-90kg	182,5kg	Winklareth, Michael	DM 2010
-100kg	235,0 kg	Freiberg,Wladimir	DM 2016
-110kg	237,5kg kg	Freiberg, Wladimir	WM 2016
-125kg	215,0 kg	Mäule, Gerd	
-140kg			
+140kg			

Altersklasse 55 - 59 Jahre:

-52kg			
-56kg			
-60kg			
-67,5kg	120,0 kg	Fidilio, Antonio	
-75kg	110kg	Meryem, Salih	DM 2015
-82,5kg	170 kg	Riedel, Detlef	EM 2017
-90kg	187,5kg	Winklareth, Michael	EM 2012
-100kg	215,0kg	Gersdorf, Axel	DM 2010
-110kg	210,0kg	Vetter, Ulrich	DM 2010
-125kg	200,0kg	Kurda, Walter	DM 2009
-140kg	150,0 kg	May, Karl-Heinz	DM 2012
+140kg			

Altersklasse 60 - 65 Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	140,0 kg	Spahn, Karlheinz	WM 2012
-82,5kg	120,0kg	Tejkl, Hans	DM 2010
-90kg	167,5kg	Winklareth, M	WM 2016
-100kg	165,0 kg	Gersdorf, Axel	WM 2012
-110kg	190,0 kg	Vetter, Ulrich	DM 2016
-125kg	175,0kg	Reitzle, Simon	WM 2010
-140kg			
+140kg			

Altersklasse 65 - 69 Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	80,0 kg	Müller, Werner	
-82,5kg			
-90kg	172,5kg	Marienfeldt, Fred	DM 2015
-100kg	167,5 kg	Hildebrandt, Lothar	DM 2009
-110kg	170,0 kg	Weber, Klaus	
-125kg			
-140kg			
+140kg			

Altersklasse 70+ Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	95,0 kg	Müller, Werner	
-82,5kg	115 kg	Pufe, Eberhard	DM 2019
-90kg			
-100kg	165,0 kg	Hildebrand Lothar	DM 2013
-110kg			
-125kg			
-140kg			
+140kg			