

Deutsche Rekorde Männer Kreuzheben (RAW)

Altersklasse bis 19 Jahre:

Gewichtsklasse	Rekord	Name	Datum
-52kg			
-56kg			
-60kg	147,5kg	Bondarenko, Mykyta	WM 2016
-67,5kg	160kg	Giannopoulos, Elias	DM 2017
-75kg	172,5kg	Wohlan, Fabian	DM 2016
-82,5kg	185kg	Wohlan, Fabian	WM 2016
-90kg	180kg	Alaia, Ciro	DM 2016
-100kg	160kg	Krüdewagen, P.	EM 2015
-110kg	170kg	Krüdewagen, P.	DM 2016
-125kg	300kg	Hartard, Garbor	DM 2017
-140kg			
+140kg			

Altersklasse 20 - 23 Jahre:

-56kg			
-60kg			
-67,5kg			
-75kg	170kg	Spielmann, Robin	DM 2019
-82,5kg	200kg	Daniel Offer Herero	DM 2016
-90kg	150kg	Schnarrenberg, Ph.	DM 2017
-100kg			
-110kg			
-125kg	220kg	Vacufac, Aldin	DM 2018
-140kg	220kg	Tim Müller	EM 2014
+140kg	202,5kg	Sebastian Scholle	DM 2015

Altersklasse 24 - 39 Jahre:

-52kg			
-56kg			
-60kg	165kg	Dziergwa, Frank	DM 2015
-67,5kg			
-75kg	162,5kg	Martin Kusch	DE 2016
-82,5kg	250kg	Kücük, Ömer	WM 2018
-90kg	260kg	Krieger, V.	DM 2019
-100kg	265,5kg	Schlemmer, Guido	DM 2017
-110kg	265kg	Hirschmann, Oliver	DM 2016
-125kg	325kg	Natzchka, Felix	DM 2015
-140kg	280kg	Müller, Tim	DM 2016

+140kg	222,5kg	Scholle, Sebastian	WM 2016
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Altersklasse 40 - 44 Jahre:

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg			
-82,5kg			
-90kg	230kg	Sibel, Sergej	DM 2019
-100kg			
-110kg	275kg	Kaiser, Alexander	DM 2017
-125kg			
-140kg			
+140kg			

Altersklasse 45 - 49 Jahre:

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg			
-82,5kg	160kg	Dr. Barthel, Jens	WM 2018
-90kg			
-100kg	245kg	Mueller, Andreas	DM 2017
-110kg	300kg	Falk, Rene	WM 2016
-125kg	310kg	Falk, Rene	EM/WM 2019
-140kg			
+140kg			

Altersklasse 50 - 54 Jahre:

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	160kg	Spielmann, Udo	DM 2019
-82,5kg			
-90kg	210 kg	Rathke, Peter	DM 2014
-100kg	210 kg	Kotschenreuther, Peter	DM 2018
-110kg	271kg	Reiter, Jörk	WM 2017
-125kg	270kg	Jaedke, Mario	DM 2018
-140kg			
+140kg			

Altersklasse 55 - 59 Jahre:

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	200 kg	Steinbrecher Bernd	DM 2014
-82,5kg	220 kg	Kraus, Valerij	DM 2019
-90kg			
-100kg	270kg	Hochstetter, Juri	DM 2017
-110kg	250kg	Bege,Roberto	DM 2016
-125kg			
-140kg			
+140kg	260 kg	Beck, Thomas	EM 2012

Altersklasse 60 - 65 Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	197,5kg	Steinbrecher, Bernd	EM 2015
-82,5kg	200kg	Eschenasy, Calin	DM 2018
-90kg			
-100kg			
-110kg	152,5 kg	Geding, Helmut	EM 2012
-125kg			
-140kg			
+140kg			

Altersklasse 65 - 69 Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg			
-82,5kg	150kg	Maczka Mieczyslaw	EM/WM 2019
-90kg	170kg	Marienfeldt, Fred	DM 2015
-100kg			
-110kg			
-125kg			
-140kg			
+140kg			

Altersklasse 70-74 Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	137,5kg	Cedel,Gerd	WM 2016
-82,5kg	180 kg	Pfeiffer, Georg	DM 2015
-90kg			
-100kg			
-110kg			
-125kg			
-140kg			
+140kg			

Altersklasse 75 – 80 Jahre

-52kg			
-56kg			
-60kg			
-67,5kg			
-75kg	132,5kg	Cedel,Gerd	DM 2018
-82,5kg			
-90kg			
-100kg			
-110kg			
-125kg			
-140kg			
+140kg			