

Deutsche Rekorde Männer Bankdrücken (RAW)

Altersklasse bis 19 Jahre:

| Gewichtsklasse | Rekord | Name | Datum |
|----------------|----------|----------------|---------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | 87,5 kg | Müller, Arnold | WM 2012 |
| -82,5kg | 103kg | Glok, Max | DM 2017 |
| -90kg | 112,5 kg | Samaras, K. | DM 2019 |
| -100kg | | | |
| -110kg | | | |
| -125kg | | | |
| -140kg | | | |
| +140kg | | | |

Altersklasse 20 - 23 Jahre:

| | | | |
|---------|-------|------------------------|---------|
| -56kg | | | |
| -60kg | 85 kg | Schmidt, Gary | EM 2012 |
| -67,5kg | | | |
| -75kg | | | |
| -82,5kg | 105kg | Von Lemberg, Edwin | DM 2017 |
| -90kg | 115kg | Glok, Dennis | DM 2018 |
| -100kg | 150kg | Kaiser, Alexander jun. | DM 2017 |
| -110kg | | | |
| -125kg | | | |
| -140kg | | | |
| +140kg | | | |

Altersklasse 24 - 39 Jahre:

| | | | |
|---------|----------|--------------------|------------|
| -52kg | | | |
| -56kg | | | |
| -60kg | 103 kg | Dziergwa, Frank | DM 2015 |
| -67,5kg | 97,5kg | Leverenz, Dirk | DM 2018 |
| -75kg | 130 kg | Ullrich, Michael | DM 2019 |
| -82,5kg | 170 kg | Blumenrath, Mar | DM 2017 |
| -90kg | 172,5 kg | Kaltenbach, Patric | DM 2015 |
| -100kg | 207,5 kg | Seitz, Rene | EM/WM 2019 |
| -110kg | 212,5 kg | Hirschmann, Oliver | DM 2016 |
| -125kg | 225 kg | Hulin, Peter | DM 2014 |
| -140kg | | | |

| | | | |
|--------|--|--|--|
| +140kg | | | |
|--------|--|--|--|

Altersklasse 40 - 44 Jahre:

| | | | |
|---------|---------|-----------------|---------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | 120 kg | Ladewig, Mario | DM 2015 |
| -82,5kg | 125 kg | Torschin, A. | DM 2019 |
| -90kg | 182,5kg | Müller, Andreas | WM 2016 |
| -100kg | 190 kg | Müller, Andreas | WM 2012 |
| -110kg | 185kg | Mueller,Andreas | DM 2016 |
| -125kg | | | |
| -140kg | | | |
| +140kg | | | |

Altersklasse 45 - 49 Jahre:

| | | | |
|---------|---------|-------------------|---------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | 120kg | Slawa Kroneberger | WM 2017 |
| -82,5kg | 150kg | Ladewig, Frank | DM 2015 |
| -90kg | 142,5kg | Fischer, Wolfgang | WM 2016 |
| -100kg | 192,5kg | Mueller, Andreas | WM 2017 |
| -110kg | 160kg | Alexander Bauer | WM 2017 |
| -125kg | | | |
| -140kg | | | |
| +140kg | 120 kg | Profe, Rene | DM 2019 |

Altersklasse 50 - 54 Jahre:

| | | | |
|---------|--------|------------------|------------|
| -52kg | | | |
| -56kg | | | |
| -60kg | 110kg | Falke, Rainer | WM 2016 |
| -67,5kg | | | |
| -75kg | | | |
| -82,5kg | 100kg | Schmid, Bernhard | WM 2016 |
| -90kg | 150 kg | Leopold, Johann | DM 2019 |
| -100kg | 155kg | Ritter, Thorsten | DM 2018 |
| -110kg | 150kg | Ritter, Thorsten | DM 2018 |
| -125kg | 170kg | Jaedke, Mario | DM 2018 |
| -140kg | 185 kg | Portzmann, Jens | EM/WM 2019 |
| +140kg | | | |

Altersklasse 55 - 59 Jahre:

| | | | |
|---------|----------|------------------|------------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | 112,5 kg | Dziergwa, Jürgen | DM 2015 |
| -75kg | 107,5kg | Renhelt, Klaus F | EM 2017 |
| -82,5kg | 102,5kg | Krieger, Rainer | WM 2016 |
| -90kg | 147,5kg | Ewert, Hartmut | DM 2018 |
| -100kg | 145kg | Ritter, Thorsten | EM/WM 2019 |
| -110kg | | | |
| -125kg | 200 kg | Kurda, Walter | EM 2012 |
| -140kg | | | |
| +140kg | | | |

Altersklasse 60 - 65 Jahre

| | | | |
|---------|----------|-------------------|------------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | 105,50kg | Ewert Hartmut | EM/WM 2019 |
| -82,5kg | 145 kg | Niemann, Hartmut | DM 2018 |
| -90kg | 147,5 kg | Winklareth, M. | WM 2016 |
| -100kg | 180 kg | Gersdorf, Axel | EM 2012 |
| -110kg | 160 kg | Stanull, Sven-Oge | EM 2012 |
| -125kg | 190 kg | Kurda, Walter | EM 2015 |
| -140kg | | | |
| +140kg | | | |

Altersklasse 65 - 69 Jahre

| | | | |
|---------|----------|---------------------|------------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | | | |
| -82,5kg | 112,5kg | Maczka Mieczyslaw | EM/WM 2019 |
| -90kg | 155kg | Marienfeldt, Fred | EM 2015 |
| -100kg | 130,50kg | Gersdorf, Axel | EM/WM 2019 |
| -110kg | 135kg | Eulenstein, Joachim | DM 2016 |
| -125kg | | | |
| -140kg | 210kg | Kurda, Walter | WM 2016 |
| +140kg | | | |

Altersklasse 70-74 Jahre

| | | | |
|---------|--------|-------------------|---------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | 100kg | Bongard, H.W. | WM 2017 |
| -82,5kg | 130kg | Pfeiffer, Georg | DM 2015 |
| -90kg | 97,5kg | Nebelung, Helmut | DM 2016 |
| -100kg | 125kg | DR. J. Eulenstein | DM 2019 |
| -110kg | 120kg | DR. J. Eulenstein | DM 2018 |
| -125kg | | | |
| -140kg | | | |
| +140kg | | | |

Altersklasse 75+ Jahre

| | | | |
|---------|-------|-------------------|------------|
| -52kg | | | |
| -56kg | | | |
| -60kg | | | |
| -67,5kg | | | |
| -75kg | 100kg | Bongard Heinz | EM/WM 2019 |
| -82,5kg | 90kg | Nebelung, Helmut | EM/WM 2019 |
| -90kg | | | |
| -100kg | 110kg | Dr. H. Schildbach | DM 2018 |
| -110kg | | | |
| -125kg | | | |
| -140kg | | | |
| +140kg | | | |