

# Powerlifitng Association Germany (P.A.G.) Internationale Deutsche Meisterschaft 2010

1-2 Mai 2010 Untersiemau

## Kreuzheben Gruppe 1 -3

NR	CAT	AGE	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.				
1	Open	29	61,50	Violetta Wycisk	D	-67,5									100,0	120,0	-135,0	120,0	131,268		2.
2	Open	32	62,60	Simone Wenzlaw	D	-67,5									145,0	152,5	160,0	160,0	172,672		1.
3	M40+	40	67,50	Sonja Herzig	AUT	-67,5									120,0	130,0	140,0	140,0	142,884	142,884	1.
4	U19	17	91,20	Melissa Tank	D	-100									110,0	-130,0	130,0	130,0	111,722		1.
4	U19	15	64,00	Kevin Schmidt	D	-67,5									110,0	130,0	-147,5	130,0	104,741		1.
5	U19	16	69,20	Tim Baranowski	D	-75									110,0	-130,0	130,0	130,0	98,293		2.
6	U19	18	74,00	Tobias Maas	D	-75									175,0	200,0	-220,0	200,0	143,860		1.
7	U23	20	68,90	Patrick Nyberg	D	-75									120,0	-140,0	145,0	145,0	109,997		1.
8	U19	19	79,60	Marc Andre Nohl	D	-82,5									180,0	210,0	-227,5	210,0	143,829		1.
10	M45+	46	78,40	Bernd Large	D	-82,5									150,0	170,0	-182,5	170,0	117,572	126,743	1.
<b>Gruppe 2</b>																					
	U23	23	83,90	Marc Dennis Hoffmann	D	-90									160,0	175,0	190,0	190,0	126,027		2.
	M45+	46	89,90	Peter Malfa	D	-90									245,0	261,0		261,0	166,727	179,731	1.
	U23	21	86,90	Sven Tomoscheit	D	-90									190,0	202,5	212,5	212,5	138,189		1.
	U19	18	97,30	Marcel Schlick	D	-100									160,0	180,0	210,0	210,0	129,255		2.
	U19	19	91,20	Thor Rohrmann	D	-100									210,0	-220,0	-220,0	210,0	133,182		1.
	Open	33	91,60	Sascha Reimer	D	-100									210,0	-230,0	230,0	230,0	145,544		2.
	Open	32	98,90	Alexander Geitner	D	-100									270,0	290,0	-295,0	290,0	177,277		1.
	Open	27	98,40	Matthias Gräfner	D	-100									165,0	175,0	180,0	180,0	110,268		3.
	M40+	44	97,30	Waldemar Freiberg	D	-100									240,0	250,0	260,0	260,0	160,030	167,071	1.
	M45+	48	99,66	Jury Hochstätter	D	-100									220,0	250,0	280,0	280,0	170,604	190,053	1.
	M55+	59	97,80	Helmut Gedig	D	-100									160,0	165,0	-167,5	165,0	101,343	136,813	1.
<b>Gruppe 3</b>																					
2	Open	30	118,00	Andre Scheller	D	-125									265,0	275,0	285,0	285,0	164,502		1.
3	Open	27	109,30	Alexander Mittag	D	-110									235,0	257,5	-275,0	257,5	151,848		2.
4	Open	31	100,40	Daniel Sauer	D	-110									290,0	305,0	320,5	320,5	194,736		1.
6	M45+	43	107,50	Udo Wenzlaw	D	-110									237,5	260,0	-270,0	260,0	154,128	158,444	1.
7	M50+	50	109,60	Gerhard Holleitner	D	-110									265,0	-300,0		265,0	156,138	179,559	1.
9	U19	19	112,30	Maximilian Brandmayer	D	-125									210,0	220,0	230,0	230,0	134,527		1.
10	Open	37	110,90	Hans Heiko Fiegel	D	-125									240,0	-247,5	-247,5	240,0	140,880		3.
11	Open	37	121,60	Wladimir Funkner	D	-125									210,0	230,0	250,0	250,0	143,300		2.
14	M55+	56	116,10	Karl Heinz May	D	-125									160,0	200,0	-230,0	200,0	115,920	147,556	1.

HEADREFEREE  
NAME:

LEFT-REFEREE  
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RIGHT-REFEREE  
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