

Powerlifting Association Germany (P.A.G.) Internationale Deutsche Meisterschaft 2010

1-2 Mai 2010 Untersiemau

POWERLIFTING Gruppe 1

NR	CAT	AGE	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.				
1	U23	22	47,70	Linsey Wegener	USA	-48	80,0	85,0	90,0	90,0	47,5	50,0	52,5	142,5	85,0	90,0	95,0	237,5	315,994		1.
2	U23	22	63,50	Tanja Van Huizen	NL	-67,5	140,0	152,5	165,0	165,0	80,0	85,0	-87,5	250,0	125,0	135,0	142,5	392,5	419,033		1.
3	Open	26	74,90	Froukje de Lange	NL	-75	55,0	60,0	70,0	70,0	35,0	-37,5	-37,5	105,0	60,0	65,0	-70,0	170,0	161,738		1.
7	45+	45	74,10	Heiko Grumpmann	D	-75	195,0	200,0		200,0	112,5	117,5	-120,0	317,5	195,0	205,0	-207,5	522,5	375,469	397,997	1.
8	Open	36	79,70	Lars Jankowski	D	-82,5	200,0	210,0	220,0	220,0	135,0	145,0	150,0	370,0	200,0	215,0	225,0	595,0	407,159		1.
Gruppe 2																					
9	U19	19	87,30	Dominique Bohrmann	D	-90	-260,0	260,0	-270,0	260,0	151,0	155,0	-160,0	415,0	-250,0	250,0	260,0	675,0	437,873		1.
10	U23	20	88,50	Tobias Staat	D	-90	175,0	190,0	-200,0	190,0	95,0	-102,5	102,5	292,5	180,0	195,0	207,5	500,0	322,000		1.
1	Open	28	109,30	Alexander Mittag	D	-110	300,0	320,0		320,0	160,0	180,0	200,0	520,0	230,0	250,0	280,0	800,0	471,760		1.
2	45+	48	100,40	Walter Becka	AUT	-110	170,0	182,5	-190,0	182,5	135,0	140,0	145,0	327,5	170,0	-190,0	-190,0	497,5	302,281	336,741	1.
3	50+	51	109,60	Gerhard Holleitner	AUT	-110	230,0	250,0	-270,0	250,0	-185,0	185,0	-200,0	435,0	285,0	-305,0	-305,0	720,0	424,224	495,494	1.
4	40+	41	123,10	Boris Sendatzki	D	-125	240,0	260,0	280,0	280,0	160,0	170,0	180,0	460,0	220,0	230,0	240,0	700,0	400,190	402,191	1.
6	55+	55	118,90	Uwe Brosda	D	-125	230,0	260,0	280,0	280,0	130,0	-140,0	140,0	420,0	250,0	300,0	310,0	730,0	420,626	525,783	1.
7	55+	56	145,80	Thomas Beck	D	-140	240,0	-255,0	-260,0	240,0	175,0	185,0	-195,0	425,0	230,0	250,0	260,0	685,0	380,518	484,399	1.
AK	60+	61	106,50	Kamal Pinekenstein	D	-110	185,0	205,0	215,0	215,0	130,0	137,5	142,5	357,5	-225,0	225,0	235,0	592,5	352,301	496,744	

HEADREFEREE
NAME:

LEFT-REFEREE
NAME:

RIGHT-REFEREE
NAME: