

Powerlifting Association Germany

Deutsche Meisterschaften im KDK, Bankdrücken und Kreuzheben

25./26. April 2009

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS			DEADLIFT			TOT.	Punkte	PL.	
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.				3.
		-60	59,00	Simone Wenzlaw	D	Open	120,0	130,0	137,5	137,5	70,0	75,0	/	212,5	120,0	132,5	140,0	352,5	398,15	1.
		-56	53,20	Arnold Steinbrecher	D	U19	102,5	110,0	115,0	115,0	57,5	62,5	65,0	180,0	102,5	110,0	117,5	297,5	285,09	1.
		-75	73,00	Patrick Migon	D	U19	100,0	130,0	-150,0	130,0	90,0	-100,0	/	220,0	140,0	160,0	-170,0	380,0	276,03	2.
		-75	72,80	Nick Cerepanov	D	U19	200,0	-210,0	-210,0	200,0	100,0	110,0	115,0	315,0	200,0	215,0	231,0	546,0	397,38	1.
		-75	71,70	Johannes Wolkow	D	U23	190,0	200,0	220,0	220,0	-110,0	110,0	-115,0	330,0	190,0	210,0	-215,0	540,0	397,44	1.
		-75	72,70	Ömer Küçük	TUK	Open	195,0	205,0	210,0	210,0	135,0	-145,0	-145,0	345,0	230,0	252,5	-261,0	597,5	435,28	1.
		-75	72,50	Martin Karius	D	Open	170,0	185,0	200,0	200,0	140,0	-147,5	-147,5	340,0	195,0	205,0	215,0	555,0	405,15	2.
		-82,5	79,20	Rene Henn	D	U19	110,0	130,0	-140,0	130,0	90,0	95,0	-105,5	225,0	120,0	140,0	-155,0	365,0	250,79	1.
		-82,5	82,10	Rocco Göpfarth	D	M40+	215,0	230,0	242,5	242,5	152,50	160,00	-162,5	402,5	190,0	205,0	210,0	612,5	423,10	1.
		-82,5	82,50	Stephan Hillen	D	M45+	100,0	-110,0	120,0	120,0	-140,0	-150,00	150,00	270,0	150,0	160,0	170,0	440,0	323,10	1.
		-82,5	78,10	Vahan Harutyunyan	ARM	U23	200,0	-215,0	220,0	220,0	140,00	150,00	/	370,0	240,0	-261,0	261,0	631,0	437,47	1.

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U19;U23;Open: Wilks
Masters: Mc Cullog

Best Lifter:
U19/U23: Vahan Harutyunyan
Open: Boris Sendatzki
Master: Gerhard Holleitner

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							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
		-82,5	75,50	Calin Eschenasy	D	M50+	210,0	-230,0	-230,0	210,0	-135,0	135,0	140,0	350,0	210,0	220,0	-230,0	570,0	488,00	1.
		-82,5	76,00	Bernd Steinbrecher	D	M50+	190,0	197,5	-205,0	197,5	122,5	-127,5	-130,0	320,0	192,5	200,0	/	520,0	443,20	2.
		-82,5	79,90	Max Cerepanov	D	Open	-240,0	250,0	260,0	260,0	-140,0	145,0	152,5	412,5	240,0	-247,5	-247,5	652,5	445,79	1.
		-82,5	79,90	Alexej Lysenko	D	Open	240,0	250,0	-265,0	250,0	160,0	167,5	-170,0	417,5	220,0	-237,5	-242,5	637,5	435,54	2.
		-90	88,10	Dominique Bohrmann	D	U19	220,0	230,0	-240,0	230,0	130,0	-140,0	140,0	370,0	220,0	240,5	250,0	620,0	400,21	1.
		-90	86,10	Sascha Kabisch	D	U23	-180,0	-190,0	190,0	190,0	120,0	-127,5	127,5	317,5	185,0	195,0	205,0	522,5	341,51	1.
		-90	87,60	Bernd Bucher	D	M50+	145,0	160,0	170,0	170,0	115,0	-142,5	-142,5	285,0	150,0	165,0	175,0	460,0	359,50	1.
		-100	94,10	Stefan Buchmann	D	U23	240,0	260,0	270,0	270,0	150,0	-165,0	165,0	435,0	240,0	260,0	-270,0	695,0	434,17	1.
				U19;U23;Open:		Wilks														
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							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.				3.
		-110	102,20	Daniel Sauer	D	Open	/	260,0	270,0	270,0	180,0	185,0	-190,0	455,0	290,0	300,0	-310,0	755,0	455,64	1.
		-110	100,70	Adrian Patega	D	Open	130,0	/	/	130,0	-110,0	-110,0	120,0	250,0	150,0	160,0	170,0	420,0	254,90	2.
		-125	111,60	Alexander Mittag	D	Open	-280,0	-300,0	320,0	320,0	160,0	180,0	205,0	525,0	250,0	265,0	-285,0	790,0	462,94	2.
		-125	122,30	Boris Sendatzki	D	Open	290,0	310,0	320,0	320,0	190,0	205,0	210,0	530,0	250,0	270,0	280,0	810,0	463,73	1.
		-125	123,50	Oliver Türk	D	M40+	-320,0	320,0	345,5	345,5	200,0	210,0	-220,0	555,5	250,0	270,0	280,0	835,5	477,32	1.
		-125	111,60	Günter Fuchs	D	M45+	130,0	140,0	150,0	150,0	120,0	140,0	-150,0	290,0	150,0	170,0	185,0	475,0	315,10	1.
		-140	134,60	Jens Pollex	D	M40+	280,0	300,0	320,0	320,0	-190,0	190,0	200,0	520,0	260,0	280,0	290,0	810,0	455,38	1.
		-140	126,00	Gerhard Holleitner	AUT	M45+	260,0	/	/	260,0	197,5	210,0	-215,0	470,0	300,0	320,0	-330,0	790,0	508,76	1.
		140	141,30	Thomas Beck	D	M55+	-190,0	190,0	220,0	220,0	-160,0	-170,0	170,0	390,0	200,0	230,0	-250,0	620,0	432,45	1.

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